

# AM I AN ASSHOLE?!



LEARN ABOUT YOUR  
ASSHOLE BEHAVIOR AND  
WHAT YOU CAN DO ABOUT IT

Do you often find yourself screaming and threatening violence at other cars while driving?

When you see a person in distress, is your first move to make a video of their suffering?

Do you have extremely loud ass phone conversations no matter where you are?

When you pee on the toilet seat, do you leave it for someone else to clean?

Do you find yourself constantly lying to people?

Have you ever knowingly given someone an STD?

**Do you keep agreeing with Nazis?**

**Are you out of fucks to give!?**

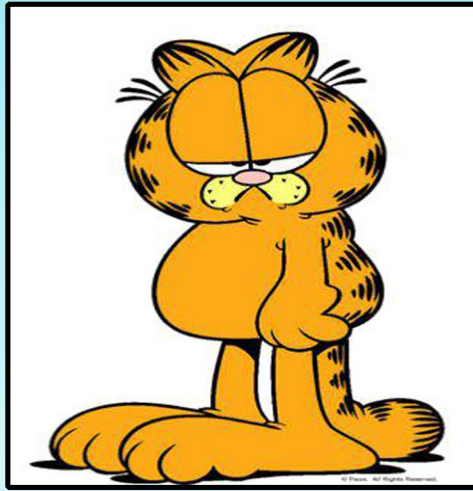
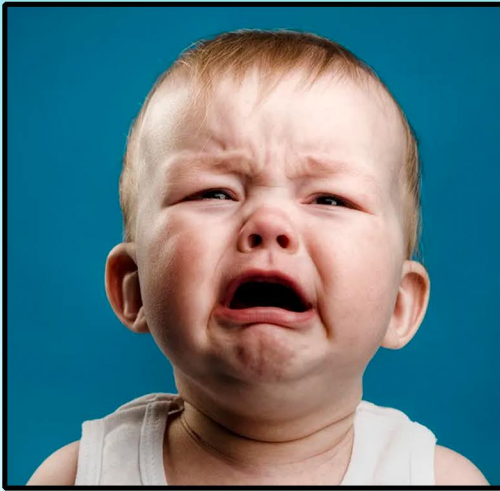
If you answered yes to any of these questions, it is possible that...

**YOU ARE AN ASSHOLE!**

Some researchers have estimated that well over 95% of the American population is in some way an asshole or struggles with asshole behavior. Sadly, many of those afflicted are unaware of their condition.

The Mycelian Church of San Francisco is here to help. This brochure has important information that can help you discover how much of an asshole you really are and what you can do about it.

# What Makes Someone An 'Asshole'?



There are as many definitions for the term "asshole" as there are assholes. It is a concept as old as humanity itself and used throughout history to express dissatisfaction in other people. But defining an asshole in more specific terms can be a complicated task.

Instead of overthinking things, we define an asshole in a simple way: someone who *voluntarily and routinely exhibits asshole behavior*. Although everyone exhibits asshole behavior from time to time, most people do so infrequently, accidentally or involuntarily. 'Assholes' on the other hand engage in asshole behavior routinely and voluntarily, without shame and often with malicious or even sadistic intent.

This leads to the question of what constitutes 'asshole behavior'. We define asshole behavior as *shameful actions carried out in a shameless manner*. Shame is the greatest antidote to asshole behavior there is and accordingly asshole behavior is defined by a lack of it. As someone becomes increasingly shameless, the worse their asshole behavior becomes, increasing in malicious and sadistic intent along the way.

## The Path from being a Typical Asshole to a becoming a Sadistic Fucking Asshole

Typical Asshole  
Shameless Behavior

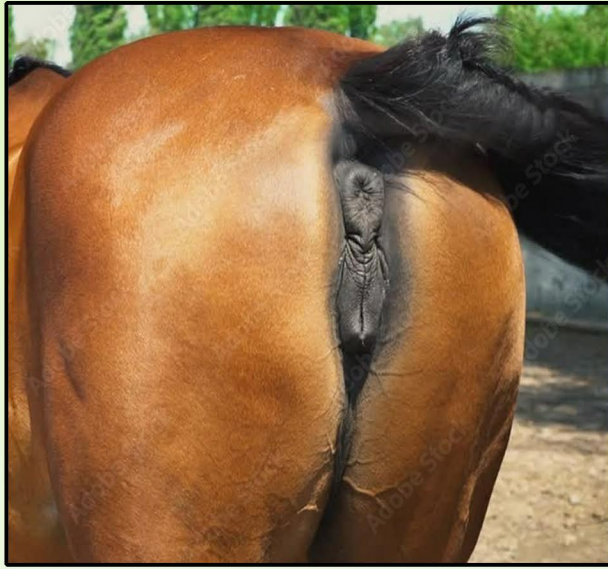


Fucking Asshole  
Malicious Behavior



Sadistic Fucking Asshole  
Sadistic Behavior

## Involuntary and Voluntary Asshole Behavior



An important distinction to make when discussing asshole behavior is the difference between those who engage in asshole behavior voluntarily or involuntarily. Involuntary asshole behavior is either by accident or due to neurology, psychology, or something else that compels a person to act that way.

Most people that involuntarily exhibit asshole behavior do so accidentally. Someone gets caught up on their phone at a green light; they forget to wash their dirty dishes; they don't tighten the cap on the salad dressing enough so shit spills everywhere when you go to shake it up. Accidental Assholes don't mean to do it. They may otherwise be really awesome people. They just, on occasion, accidentally act like assholes.

Other people that engage in involuntary asshole behavior are in some way compelled to do so. This is often because of neurological or psychological reasons, but can also be for environmental reasons, such as fighting in a war or being in prison.

By contrast, voluntary asshole behavior is one of the trademarks of an asshole. They know they shouldn't do it, but they do it anyway, without shame. As to reasons why? Pick one. It doesn't really matter. What does matter is whether they continue to embrace a lack of shame in their lives. If they continue with shameless asshole behavior, the more willing they will be in the future to engage in increasingly severe asshole behavior.



## Occasional and Routine Asshole Behavior



Another defining characteristic of an asshole is the frequency of their asshole behavior. For most people, engaging in asshole behavior is very infrequent. Human beings make mistakes. Imperfection is part of being a person. But as long as we are mindful, feel shame about fucking up and try to do better, these moments remain infrequent.

On the other hand, routine asshole behavior is the difference between someone who is Sort Of or Kind Of An Asshole and someone who is a Typical Asshole or worse. Routine asshole behavior suggests that being an asshole has become a structural part of someone's personality. This can be a temporary thing, like when someone goes through an 'asshole period'. But unless that person can begin feeling shame for their asshole behavior, they will likely become more of an asshole over time.

---

Now that we have discussed the important aspects of being an asshole, let's take a look at the Asshole Assessment Test and how we apply these concepts to uncover how much of an asshole is inside each of us.

# The Ten Levels of Asshole Assessment

To the right is a general list of the different levels of *asshole assessment* or 'the degree to which someone is an asshole'.

**Level 1: Not An Asshole**

**Level 2: Kind Of An Asshole**

**Level 3: Typical Asshole**

**Level 4: Fucking Asshole**

**Level 5: Sadistic Fucking Asshole**

The diagram below shows a more detailed description, accounting for the degree of voluntarism, frequency, and shame involved. Notice that as the asshole behavior becomes more voluntary and frequent, the more shameless and sadistic it becomes.

## LEVEL

INVOLUNTARY    INFREQUENT    ASHAMED

1    In No Measureable Way An Asshole

2    In No Significant Way An Asshole

3    Sort Of An Asshole, But Not Really

4    Kind Of An Asshole

5    Typical Asshole

6    Major Asshole

7    Fucking Asshole

8    Serious Fucking Asshole

9    Sadistic Fucking Asshole

10    Total and Complete Sadistic Fucking Asshole

VOLUNTARY    FREQUENT    SHAMELESS

ENJOYMENT    SYSTEMIC    SADISTIC



# The Asshole Assessment Test

So which level of of asshole are you? To answer this question, we have created the Asshole Assessment Test. It is a set of fifty moral dilemma questions that are designed to measure whether or not someone is an asshole and the frequency and severity of their asshole behavior.

This is a general test and does not measure specific subtypes of asshole behavior (i.e measurements for arrogance, absent mindedness, laziness etc). We believe it is important to start your journey towards self-discovery with a basic dialog from a general perspective.

## Score Levels of Asshole Assessment

- 0 to 10 - In No Measureable Way An Asshole
- 11 to 20 - In No Significant Way An Asshole
- 21 to 20 - Sort Of An Asshole, But Not Really
- 31 to 40 - Kind Of An Asshole
- 41 to 50 - Typical Asshole
- 51 to 60 - Major Asshole
- 61 to 70 - Fucking Asshole
- 71 to 80 - Serious Fucking Asshole
- 81 to 90 - Sadistic Fucking Asshole
- 91 to 100 - Total and Complete Sadistic Fucking Asshole

The Asshole Assessment Test is available to church members by request. It only takes five to ten minutes and results are given shortly after the test is complete. Accurate testing requires the utmost honesty on the part of the test taker and all answers are strictly confidential.

For a more specific understanding what these levels say about our asshole behavior, let's look at the results given to test takers at each level of assessment.



## THE MYCELIAN CHURCH OF SAN FRANCISCO



**Your  
Asshole  
Assessment  
score is a**

**1  
to  
10  
out of 100**

# **You are in no measurable way an asshole.**

**You're not even Sort of an Asshole or Kind of an Asshole. You are simply a remarkable example of what is best in humanity. You rarely exhibit asshole behavior and there isn't a drop of maliciousness in you. You are compassionate, honest, loyal, trustworthy, and you enjoy being a good person. Thank you for being alive. May you out live every single asshole you have ever encountered.**

**That being said, your score wasn't a perfect zero. The truth is just about everyone has moments when we fail to meet our ethical expectations. When these moments occur, we recommend a sacrament from the Mycelian Church combined with some prayer and reflection over the matter. It can help someone, even as wonderful as yourself, remain on the righteous path.**





## THE MYCELIAN CHURCH OF SAN FRANCISCO



**Your  
Asshole  
Assessment  
score is a**

**11  
to  
20  
out of 100**

**You are in no significant way an asshole.**

**No one is perfect but you come pretty darn close. Your rarely exhibit asshole behavior and you don't seem to have any maliciousness in you. Sure there maybe a moment here and there when you slip, but you're humble, self-aware, and can accept blame when you make a mistake. People like you make the world a better place. Keep on doing such a great job of being such a great person.**

**Eventhough you really are a great person, everyone has those moments when we fail to meet our moral expectations. Reflecting upon these moments with a sacrament from the Mycelian Church and some mindful prayer can help you stay on the righteous path.**



## THE MYCELIAN CHURCH OF SAN FRANCISCO



**Your  
Asshole  
Assessment  
score is a**

**21  
to  
30  
out of 100**

## **You are sort of an asshole, but not really.**

**You're are generally an awesome person, but you can sort of be an asshole at times. It's ok, you're still way better than most. As a matter of fact, you're usually really great, but you have slips. Maybe it's the alchohol? Maybe you recently quit smoking or haven't gotten over a seperation? Or maybe like ol' Fozzy Bear, you just can't seem to get ahead even though you're always busting your ass, which makes you feel a little burnt out at times, so occasionally you act out like a frustrated little bitch.**

**You are a generally GREAT person who is capable of self-awareness and being mindful of your impact on those around you. But you are a human being and in spite of your best efforts, you will have moments when you come up short of your expectations for yourself. During these moments, a sacrament from the Mycelian Church with some prayer and reflection can help you stay on the righteous path.**



## THE MYCELIAN CHURCH OF SAN FRANCISCO



**Your  
Asshole  
Assessment  
score is a**

**31  
to  
40  
out of 100**

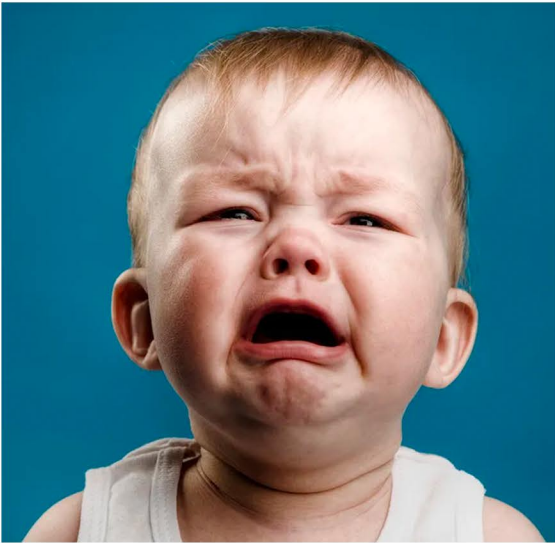
## **Honestly, you're Kind of an Asshole.**

**Now I know what you're saying: "How am I kind of an asshole?" Well, just by asking that question, you kind of got your answer. Your score shows that you have the capacity to willingly engage in asshole behavior a bit more frequently than you should. It's ok! You are a human being just like the rest of us and almost everyone has moments when they act like an asshole. And its not like you ARE an asshole. You're not. But you do act like one moreoften than you should.**

**Look, we're all human beings, We lose our patience, our temper, and even our sense of dignity from time to time. What's important is that we try to be self aware and do better. So, now that you know you have the capacity to be an asshole, you should be more earnest in your efforts not to be. A regular sacrament from the Mycelian Church with some reflection and prayer is the perfect combination to help you stay on the straight and narrow path and avoid becoming an Typical Asshole.**



## THE MYCELIAN CHURCH OF SAN FRANCISCO



**Your  
Asshole  
Assessment  
score is a**

**41  
to  
50  
out of 100**

## **You are a Typical Asshole.**

**Well, there it is. You're an asshole and a very typical asshole at that. What this means is that you engage in asshole behavior routinely and voluntarily, although you are neither sadistic nor particularly malicious. Without further testing its difficult to identify the specific ways in which you are an asshole, but there's no mystery here. After all, you are a Typical Asshole.**

**Chances are you're often thoughtless, selfish, rude, self-absorbed, and more than just a little entitled. But as you're not a sadistic person, you do have the capacity to show compassion and feel guilt. So we recommend engaging in a regular use of sacraments, reflection, and prayer, as well as further testing, so that you can be clearer about your asshole behaviour and stop being an asshole in the future.**





## THE MYCELIAN CHURCH OF SAN FRANCISCO



**Your  
Asshole  
Assessment  
score is a**

**51  
to  
60  
out of 100**

## **You are a Major Asshole.**

**It's at this point in the asshole assessment scale that we start identifying people who voluntarily and routinely exhibit asshole behavior in a malicious manner. While Major Assholes are not sadistic, they can be cruel and hateful when acting out. Mostly, Major Assholes are intensely arrogant and self-important, which makes them fairly untrustworthy on many levels. Now sometimes an arrogant s.o.b. can be just what you need in a terrible spot. But really, when trapped in a foxhole, you don't want to be stuck with a Major Asshole. They'd sell out their own mother to get ahead.**

**If you've scored in this range, there's a good chance you're no longer reading this, having given up because someone has called you a Major Asshole. Understandable. For those Major Assholes still here, there is hope for you because can at least stomach constructive criticism. We strongly recommend you engage in a routine practice of sacrament, prayer, and reflection. A greater sense of humility and compassion could be just the thing to get you to stop being such a Major Asshole and let go of the cruelty and malice inside of you once and for all.**



## THE MYCELIAN CHURCH OF SAN FRANCISCO



**Your  
Asshole  
Assessment  
score is a**

**61  
to  
70  
out of 100**

# **You are a Fucking Asshole.**

**Have you committed genocide? No. Have you killed and murdered hundreds of thousands of people? No. Have you tried to prevent the peaceful transfer of power by starting a riot because you lost an election? No. But you are the kind of person who would support people who do these things, just so you can get more wealth and/or power. And that is enough of a reason to identify you as a Fucking Asshole.**

**You don't have to be rich and powerful like Elon Musk to be a Fucking Asshole. Being an asshole of any kind transcends class, race, gender, and other distinctions. What is important to note is the increased levels of self-centeredness and maliciousness involved at this level. Fucking Assholes really enjoy being Fucking Assholes and much of their drive is about power. If you scored in this range, you are in serious need of a spiritual and ethical reversal. We strongly recommend a heavy regimen of sacraments, prayer, and reflection plus some serious counseling outside of this organization. You're a Fucking Asshole. Please get help.**



## THE MYCELIAN CHURCH OF SAN FRANCISCO



**Your  
Asshole  
Assessment  
score is a**

**71  
to  
80  
out of 100**

## **You are a Serious Fucking Asshole.**

**It is at this level of the Asshole Assessment scale that we encounter people who are routinely malicious and at times even sadistic with their prolific asshole behavior. The Serious Fucking Asshole is capable of just about any cruel or corrupt act. They could commit tax fraud, defraud charities, shit talk American P.O.Ws, rape a woman in a dressing room, have sex with children on an island, kill the guy who had video of him having sex with children on an island, act as a foreign agent while President, take bribes from foreign governments in exchange for classified intelligence, attempt to violently overturn the results of an election, fake an assassination attempt, start a civil war....really just about anything is possible with a Serious Fucking Asshole.**

**If you scored in this range, your sadistic side is really starting to take over and you are in dire need of a spiritual and ethical transformation. An ungodly regiment of sacraments, prayer, and reflection won't be enough for you. And to be honest, at this level, we're out of suggestions. You're just horrible.**



## THE MYCELIAN CHURCH OF SAN FRANCISCO



**Your  
Asshole  
Assessment  
score is a**

**81  
to  
90  
out of 100**

# **You are a Sadistic Fucking Asshole**

**If it wasn't for people who are Total and Complete Sadistic Fucking Assholes, you would be the worst kind of asshole there is. Not to say you won't ascend to such glory at some point in the future. You certainly will try. It's in your nature. It's what you do. And you love it. You're a Sadistic Fucking Asshole and there's absolutely no changing you.**

**It may sound weird for a Church to suggest that anyone is beyond saving. But we know better, don't we? You will say and do ANYTHING to get what you want and no serotonin stimulator or prayer or therapy session in the world is going to change your predatory and malicious nature.**

**Once a person has become a Sadistic Fucking Asshole, they have crossed into a point of no return. The odds of you actually reverting to a somewhat Typical Asshole some day is virtually non-existent. The only thing we can hope for is that somehow, some way, somebody gets in your way and stops you from spreading the misery and suffering you enjoy so much. And when that happens, your death will be a worldwide day of celebration for anyone that has ever witnessed the evil you have manifested upon humanity, you Sadistic Fucking Asshole.**





## THE MYCELIAN CHURCH OF SAN FRANCISCO



Your  
Asshole  
Assessment  
score is a

**91**  
to  
**100**  
out of 100

**You are a Total and Complete Sadistic Fucking Asshole who should probably consider killing themselves for the greater good of humanity.**

**That's it. That's all we have to say. You are irredeemable, simply beyond repair or redemption. Some people will tell you otherwise, but they're full of shit. You are an unparalleled example of everything that is evil about humanity. And as such, you are truly the benchmark for all other Sadistic Fucking Assholes to measure up to.**

**May you die a horrible, painful, and timely death.**

# Conclusion:

So if you're wondering about how much of an asshole you might be, first consider how often you exhibit asshole behavior, your motivations behind it, and how you feel afterwards. At the end of the day, everyone makes mistakes, but what's important is that we feel guilt about our mistakes and try to be better next time around.

We hope you have enjoyed reading this and learned something about what being an asshole is all about. If you have any more questions about the topic, please visit the resources page on our website. It has links to articles, podcasts, books, and other media regarding this and other topics related to the Mycelian Church of San Francisco.

If you or someone you know is suffering from being an asshole, we can help. As a church member, you will have access to tools that can help you be less of an asshole and more of the person God intended you to be. Join today and take your Asshole Assessment Test so you can find out just how much of an asshole you really are.

*The time is now to embrace your happier self and a better tomorrow.*

